

ENABLING YOUR BUSINESS TO LEARN, THINK AND PERFORM LIKE THE WORLD'S BEST COACHES & ATHLETES



Created in partnership with Sir Clive Woodward

Nobody is born with the ability to perform under pressure but most of us have to handle pressure every day; a big pitch, an important deal, a stressful meeting. The good news is that performing under pressure is something that can be coached.

Created by Sir Clive Woodward and delivered by Your Excellency Limited, this highly interactive programme will provide you and your teams with the vision and practical tools to improve individual and team performance.

"This programme offers organisations an unrivalled insight into top level sport and the mind of the athlete. Apply the same thinking and processes in your business to create winning performance."

Sir Clive Woodward

The T-CUP Programme

This programme is highly interactive with a thought-provoking blend of video footage and case studies:

- An initial meeting with your team to customise your programme, understand what you do, what's working, and where performance can be improved.
- A full day of fun and interactive learning with your team - explore the T-CUP process and how you will apply it to improve business performance, including:
 - Videos with Sir Clive Woodward on origins and application of the T-CUP process.
 - Video and filmed examples of elite athletes and leaders sharing their T-CUP secrets.
 - Practical exercises on using T-CUP principles and thinking within your business.
- Access to a unique collaborative learning app pioneered by Sir Clive Woodward to receive continued T-CUP support and share your successes with your business group.
- A half day follow up to further enhance your learning.

About Your Excellency Limited

Who we are

Founded in 2007 by Malcolm Taylor, Your Excellency Limited is a global provider of leading edge personal and organisational development training and coaching. We are proud to be long-standing members of The Association for Coaching.

How we work

All our development training is tailored to your needs and delivered in a fun and experiential way. We support and facilitate your learning through a shared process of discussion, practice, and feedback. We pride ourselves on our flexibility to design and develop bespoke programmes that meet your personal and organisational outcomes. We make our learning fun, memorable and instantly useable. We place an emphasis on continual personal and professional development.

What we believe

We believe the best way to learn is to do it! We believe that "people already have everything they need to be successful". We respect the diversity of individual learning styles and preferences.

To find out more contact

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